

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vansteenland Annelies HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 50: 50M BREASTSTROKE MEN 15+

Heat:6, starttime: 14:48

Heat: 6/8 Lane : 8 Athlete: GERMONPRé ACHIEL

Q-time: 00:36:44

PB (50m pool): 00:36.44 Antwerpen 15/03/2026

PB (25m pool): 00:36.85 SB: 00:36.44 Antwerpen 15/03/2026

	5 0 M	
PB	00:36.44	
	00:36.44	
		

Coach feedback:

Event number: 52: 200M BACKSTROKE MEN 15+

Heat:1, starttime: 15:07

Heat: 1/4 Lane : 4 Athlete: THIEREN KASPER

Q-time: 02:46:91

PB (50m pool): 02:58.22 Antwerpen 13/07/2025

PB (25m pool): 02:46.91 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.26	01:27.98	02:13.89	02:58.22	
	00:43.26	00:44.72	00:45.91	00:44.33	
					

Coach feedback:

Event number: 52: 200M BACKSTROKE MEN 15+

Heat:2, starttime: 15:11

Heat: 2/4 Lane : 6 Athlete: GARMYN LEON

Q-time: 02:40:64

PB (50m pool): 03:02.02 Antwerpen 14/07/2024

PB (25m pool): 02:40.64 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:02.02	
	no time				
					

Coach feedback:

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Event number: 52: 200M BACKSTROKE MEN 15+					Heat:3, starttime: 15:14
Heat: 3/4 Lane : 7 Athlete: NEYRINCK LOÏCK					Q-time: 02:35:35
PB (50m pool): no time			PB (25m pool): 02:35.35 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: